

metro

THIS WEEK ONLY

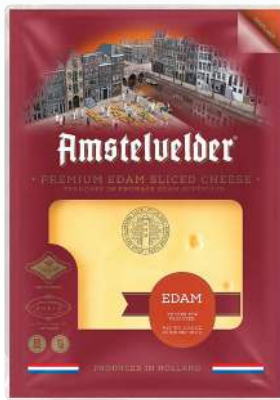
AUGUST 27TH - SEPTEMBER 2ND, 2026

SHANA TOVAH

שנה טובה

AMSTELVELDER
OR ZAVAT
SLICED CHEESE
125 - 150 g
SELECTED VARIETIES

5⁹⁹
ea.



1⁹⁹
ea.

TA'AMBONNE DIPS
200 g
SELECTED VARIETIES



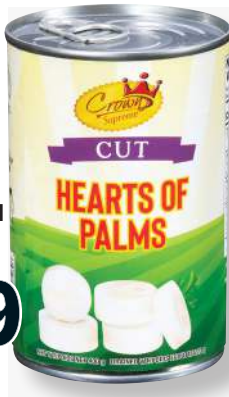
KEDEM
GRAPE JUICE OR
CERES JUICE
650 ml, 1L, 1.5 - 2L
SELECTED VARIETIES

3⁹⁹
ea.



CROWN
HEARTS OF PALM
CUT 400 ml
SELECTED VARIETIES

1⁹⁹
ea.



5⁹⁹
ea.

TUSCANINI PIZZA
400 - 425 g
SELECTED VARIETIES



GEFEN
VEGETABLE CUBES
70 - 180 g
SELECTED VARIETIES

3⁹⁹
ea.



MANISCHWITZ
MATZO BALL MIX
113 - 170 g
SELECTED VARIETIES

2⁹⁹
ea.



2⁹⁹
ea.

BERMAN COOKIES
80 - 200 g
SELECTED VARIETIES



3⁴⁹
ea.

WISSOTZKY OR
GALIL TEA
16 - 25'S
SELECTED VARIETIES



GOLDEN
FLUFF FLUTES OR
POPCORN
113 - 170 g
SELECTED VARIETIES

3⁹⁹
ea.



AUFSCHNITT
BEEF JERKY
56 g
SELECTED VARIETIES

6⁹⁹
ea.



ACHVA TAHINI
500 g
SELECTED VARIETIES

4⁹⁹
ea.



LARGE
POMEGRANATES
PRODUCT OF U.S.A.

2⁹⁹
ea.



10⁹⁹
/lb

SHEFA
MEDIUM
GROUND BEEF
24.23/kg



DOM NORWEGIAN
FJORD RWA
SALMON PORTION
FROZEN, 300 g

9⁹⁹
ea.



Celebrate the holiday with our delicious recipes at metro.ca

**CROWN
HONEY BEAR**
375 g
SELECTED VARIETIES

5⁹⁹
ea.



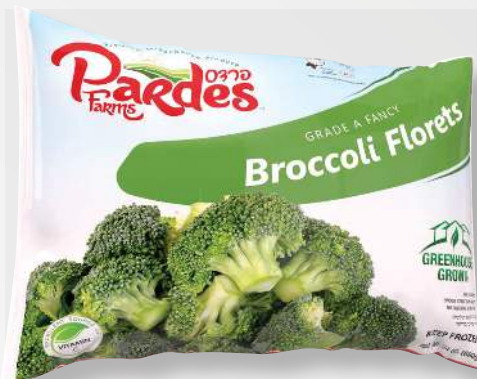
1⁹⁹
ea.

**CROWN
LIGHT TUNA**
170 g
SELECTED VARIETIES



7⁹⁹
ea.

**PARDES FARMS
FROZEN VEGETABLES**
453-680 g
SELECTED VARIETIES



99¢
ea.

**OSEM
BAMBA SNACK**
25 g
SELECTED VARIETIES



10⁹⁹
ea.

**MACABEE'S
PIZZA BAGELS**
50 PK
SELECTED VARIETIES



3⁴⁹
ea.

**WONDER
ORGANIC
LEMON JUICE**
250 ml
SELECTED VARIETIES



3⁴⁹
ea.

**GEFEN POPCORNERS OR
SHUFRA CORN SNACKS**
127-142 g
SELECTED VARIETIES



6⁹⁹
ea.

**ABE'S
COOL POPS**
12 X 55 ml
SELECTED VARIETIES



4⁹⁹
ea.

**ZWEET
SOUR BELTS**
285 g
SELECTED VARIETIES



6⁹⁹
ea.

**CRAIZE
TOASTED CORN
CRACKERS**
113 g
SELECTED VARIETIES



7⁹⁹
ea.

**HEAVEN & EARTH
DATE BITES**
148 g
SELECTED VARIETIES



7⁹⁹
ea.

**CROWN DELUXE
ALUMINIUM PAN**
10 PK
SELECTED VARIETIES



2⁹⁹
ea.

**DÉCOR GLAMOUR
SILVER CUTLERY**
20 PK
SELECTED VARIETIES



6⁹⁹
ea.

**ASH TAMID
3HR SHABBOS
CANDLES**
72 UN



8⁹⁹
ea.

CROWN CUPS
24-36 PK
SELECTED VARIETIES



AISH TAMID
MEMORIAL CANDLES
1 un.

3 for
1.00



5.99
ea.

GIVAT
CREAM CHEESE
227 g
SELECTED VARIETIES



6.99
ea.

CROWN
RUGALECH OR
BABKA
454 - 500 g
SELECTED VARIETIES



2.99
ea.

MANISCHEWITZ
CELLO SOUP MIX
113 - 170 g
SELECTED VARIETIES



4.99
ea.

DR. LAFFA CHALLAH
600 g
SELECTED VARIETIES

ASIF COUSCOUS
500 g
SELECTED VARIETIES

2.99
ea.



FOODFEST
HORSE RADISH
250 ml
SELECTED VARIETIES

2.49
ea.



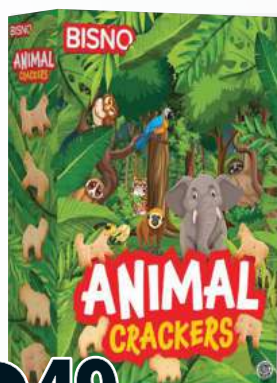
KOSHER TASTE
FRENCH FRIES
907 g
SELECTED VARIETIES

4.99
ea.



2.49
ea.

BISNO
ANIMAL CRACKERS
283 g
SELECTED VARIETIES



8.99
ea.

ARIEL CHALLAH
BREAD ROLLS
900 g
SELECTED VARIETIES



5.99
ea.

ALPROSE OR
TUSCANINI
CHOCOLATE BARS
100 g
SELECTED VARIETIES



PEREG QUINOA
368 - 454 g
SELECTED VARIETIES

7.99
ea.



1.99
/lb

LARGE PAULA RED APPLES
PRODUCT OF ONTARIO
CANADA EXTRA FANCY GRADE
4.39/kg



4.49
/lb

KOSHER FRESH
CHICKEN
LEG QUARTERS
9.90/kg



FEATURE
HERRING FILLETS
IN WINE MARINADE
600 g

7.49
ea.



ALL PRICES & ITEMS ARE EFFECTIVE THURSDAY, AUGUST 27TH UNTIL WEDNESDAY, SEPTEMBER 2ND, 2026

AT THE FOLLOWING METRO LOCATIONS ONLY:

• 1030 ADELAIDE ST. N., LONDON • 250 GREENBANK RD., NEPEAN • 16640 YONGE ST., NEWMARKET • 1 HENDERSON DR., AURORA
• 11729 TECUMSEH RD. E., WINDSOR • 6509 JEANNE D'ARC BLVD. N., ORLEANS • 291 YORK MILLS RD. • 3090 BATHURST ST. • 6201 BATHURST ST.
• 600 SHEPPARD AVE. W. • 1050 DON MILLS, NORTH YORK • 15 ELLESMERE RD., SCARBOROUGH • 656 EGLINTON AVE. E. • 2300 YONGE STREET
• 735 COLLEGE ST. • 425 BLOOR ST. WEST, TORONTO

ITEM AVAILABILITY VARIES BY STORE