

metro

KOSHER

SEPTEMBER 24TH -
OCTOBER 21ST, 2026

WHITE ROCK
SELTZER'S
1L
SELECTED VARIETIES

99¢
ea.



CROWN
HEARTS OF PALM
CUT, 400 ml
SELECTED VARIETIES

2²⁹
ea.



PIERRE BONNE
SPREAD
250 ml
SELECTED VARIETIES

2⁴⁹
ea.



9⁹⁹
ea. REISMAN'S
BROWNIE BARS, COOKIES,
CROISSANTS OR DANISHES
383 - 425 g
SELECTED VARIETIES

SWEETLY CANDY
180 - 225 g
SELECTED VARIETIES

4⁹⁹
ea.



FRUIT-A-PEEL
FRUIT FLATS
24 g
SELECTED VARIETIES

3⁴⁹
ea.



3⁹⁹
ea. ELITE
CHOCOLATE OR
SHNEIDER'S
PROTEIN BARS
50 - 100 g
SELECTED VARIETIES

KOSHER TASTE
FRENCH FRIES
907 g
SELECTED VARIETIES

4⁹⁹
ea.



5⁹⁹
ea. TUSCANINI
PIZZA 400 - 425 g
SELECTED VARIETIES



9⁹⁹
ea. CHEF TZALI
ENTRÉES
340 - 454 g, FROZEN
SELECTED VARIETIES

KEDEM
GRAPE JUICE
1.5 L
SELECTED VARIETIES

9⁹⁹
ea.



1⁶⁹
ea.

GEFEN NOODLE
SOUP CUPS
66 g, SELECTED VARIETIES



9⁹⁹
ea.

ROYAL NUTS
MIXED NUTS 325 g
SELECTED VARIETIES



19⁹⁹
/lb

SHEFA PICKLED
BEEF BRISKET
44.07/kg



NANUK SMOKED
WILD SOCKEYE
SALMON
FROZEN, 85 g

8⁹⁹
ea.



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TONNELLI
PASTA OR
PIZZA SAUCE
680 g
SELECTED VARIETIES

4⁹⁹
ea.



WACKY MAC
MAC 'N CHEESE
156 g
SELECTED VARIETIES

2⁹⁹
ea.



HADDAR
PASTA
454 g
SELECTED VARIETIES

1⁶⁹
ea.



SNAPPLE DRINKS
1.89 L
SELECTED VARIETIES

3⁹⁹
ea.



99¢
ea.

BLOOM'S FLAYTOS
15 g, SELECTED VARIETIES



4⁹⁹
ea.

MENTOS GUM
60 g
SELECTED VARIETIES



4⁹⁹
ea.

TUSCANINI OR
GOLDEN FLUFF
CHIPS
130 - 340 g
SELECTED VARIETIES



3⁴⁹
ea.

TABATCHNICK SOUP
411 - 426 ml
SELECTED VARIETIES



6⁴⁹
ea.

GOLD'S
DUCK SAUCE
1.13 kg
SELECTED VARIETIES



6⁹⁹
ea.

FRESH DRESS
SALAD DRESSING
355 ml
SELECTED VARIETIES



4⁹⁹
ea.

GLICKS OR KEMACH'S
CHOW MEIN NOODLES
283 - 340 g
SELECTED VARIETIES



9⁹⁹
ea.

CROWN DELUXE
COMBO PLATES
40 PK, SELECTED VARIETIES



2⁴⁹
ea.

DÉCOR POLISHED
SILVER CUTLERY
12 PK, SELECTED VARIETIES



8⁹⁹
ea.

CROWN
BEVERAGE CUPS
24 - 36 PK
SELECTED VARIETIES



3⁹⁹
ea.

GALIL TEA
20 un.
SELECTED VARIETIES



ALL PRICES & ITEMS ARE EFFECTIVE THURSDAY, SEPTEMBER 24TH UNTIL WEDNESDAY, OCTOBER 21ST, 2026

AT THE FOLLOWING METRO LOCATIONS ONLY:

• 1030 ADELAIDE ST. N., LONDON • 250 GREENBANK RD., NEPEAN • 16640 YONGE ST., NEWMARKET • 1 HENDERSON DR., AURORA
• 11729 TECUMSEH RD. E., WINDSOR • 6509 JEANNE D'ARC BLVD. N., ORLEANS • 291 YORK MILLS RD. • 3090 BATHURST ST. • 6201 BATHURST ST.
• 600 SHEPPARD AVE. W. • 1050 DON MILLS, NORTH YORK • 15 ELLESMERE RD., SCARBOROUGH • 656 EGLINTON AVE. E. • 2300 YONGE STREET
• 735 COLLEGE ST., • 425 BLOOR ST. WEST, TORONTO

ITEM AVAILABILITY VARIES BY STORE

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